

CREAMY SAUSAGE & TOMATO PASTA

Serves 4-6

Simple to prepare and bursting with flavor, I often double this gluten-free pasta recipe in order to have leftovers. Many types of home preserved tomatoes work well in this recipe. I typically use whole canned cherry tomatoes and remove the skins as I add them to the pot. Sometimes I crumble dehydrated tomato slices into the pot instead. Feel free to use diced or crushed tomatoes, or whatever you have on hand.

INGREDIENTS

- 1 POUND SEASONED GROUND PORK (I USE OUR HOMEGROWN SAUSAGE SEASONED WITH SALT, PEPPER, SAGE, AND GARLIC)
- ½ MEDIUM ONION, DICED
- 1 TABLESPOON WHITE WINE
- ABOUT 2 CUPS CRUSHED TOMATOES (I USE 2 PINT JARS CANNED WHOLE CHERRY TOMATOES, WITH SKINS REMOVED, OR DEHYDRATED TOMATO SLICES, CRUMBLED)
- 2 TABLESPOONS FRESH PARSLEY, CHOPPED
- ONE 5.4-OUNCE CAN COCONUT CREAM OR HEAVY CREAM OF CHOICE
- UNREFINED SEA SALT, TO TASTE
- ONE 12-OUNCE BOX JOVIAL GLUTEN-FREE FUSILLI PASTA OR PASTA OF CHOICE
- OPTIONAL: PARMESAN, GRATED, FOR SERVING

INSTRUCTIONS

- 1. Brown the ground sausage in a large skillet. If doubling the recipe, use a dutch oven.
- 2. When the pork is browned, add the onion and wine and cook for a few minutes.
- 3. Add the tomatoes and parsley and simmer, stirring often, over low heat for about 20 minutes, until thickened.
- 4. In the meantime, cook the pasta according to package instructions.
- 5. When the sauce has thickened, stir in coconut cream and season to taste with unrefined sea salt.
- 6. Drain pasta and toss with the sauce.

Optional: serve with grated Parmesan.