



WINTER WELLNESS

Winter Diffuser Blends



WINTER WELLNESS

3 drops On Guard
3 drops Wild Orange

BREATHE EASY

3 drops Douglas Fir
2 drops Eucalyptus
2 drops Lemon
1 drop Peppermint

WINTER CHEER

3 drops Citrus Bliss
2 drops Juniper Berry
2 drops Frankincense

WINTER WOODS

3 drops White Fir
2 drops Cypress
1 drop Cedarwood

SNOW DAY

2 drops Eucalyptus
2 drops Peppermint
2 drops Wild Orange

WINTER SPA

3 drops Balance
2 drops AromaTouch
2 drops Deep Blue

WINTER SPICE

3 drops Wild Orange
2 drops Siberian Fir
1 drop Cassia

WINTER DELIGHT

3 drops Grapefruit
2 drops Douglas Fir
2 drops Frankincense

SPEARMINT BLISS

2 drops Citrus Bliss
2 drops Spearmint
2 drops Bergamot

REJUVENATE

2 drops Eucalyptus
2 drops Rosemary
2 drops Lavender

REFRESH

3 drops Lemon
2 drops Lavender
1 drop Rosemary

ESSENTIAL OILS FOR IMMUNE SUPPORT



ENERGIZE

2 drops Bergamot
2 drops Wild Orange
1 drop Breathe

BRIGHT & FRESH

3 drops Breathe
3 drops Wild Orange
2 drops Lime

NEW YEAR RESOLUTIONS

3 drops Grapefruit
3 drops Motivate

MOTIVATION

2 drops Lime
2 drops Wild Orange
2 drops Frankincense
2 drops Black Pepper

GET UP & GO

3 drops Motivate
2 drops Wintergreen
2 drops Spearmint

FRESH START

2 drops Lemon
2 drops Lime
2 drops Grapefruit
2 drops Wild Orange

MONDAY MORNING

2 drops Coriander
2 drops Motivate
1 drop Lime